

LINK Wellbeing and Mental Health Forum

**Are you interested in better
mental health?**

**Come and share your experiences of
mental health services and say how
services could improve to support
better mental health**

- ▶ Wednesday 7 March
1.30 to 3.30pm**
- ▶ Parkside House, Elton St East,
Wallsend, NE28 8QU**

**Service users, carers, mental health
professionals and volunteers all welcome
To book your place and for more
information call LINK on 0191 643 2623 or
email link@voda.org.uk**

**The wellbeing and mental health forum
is supported by North Tyneside LINK
working in partnership with Jane Noble,
Mental Health User Development
Worker**



www.linknorthtyneside.org.uk