

A DRAMA PERFORMANCE AND WORKSHOP EXPLORING MENTAL HEALTH ISSUES FACED BY YOUNG ASYLUM SEEKERS AND REFUGEES LIVING IN THE UK



Walking in their SHOES



This 2 hour interactive training course delivered by Them Wifies will raise awareness of the issues facing young people and their families seeking asylum. Using an original piece of theatre created and performed by young people as a guide it will provide a clear definition of the term "Asylum Seeker" and "Refugee" as well as an understanding of events or situations that could affect their mental health.

The training course will improve the knowledge of mental health for this client group to professionals and so aid prevention and provide vital information to help and guide those young people at risk.

Venue: Burnside Community College, Wallsend

Date: 8th & 9th March 2012

Time: 10am - 12 noon

For a **FREE** place call Maureen Doolan, Community Health Development Worker for BME Communities on **0191 2704510** or **0778 691 5670** or email: **Maureen.Doolan@northtyneside-pct.nhs.uk**

Places are limited, so please book before 29th February 2012.

Please note although places are free if you book and don't attend your service maybe charged a cancellation fee. Could you please ensure that you get permission from your line manager before you attend.

Commissioned by Jan Thompson Public Health Specialist & Mental Health Commissioner for North of Tyne.

Do you work with young refugees or Asylum Seekers?

Are you confused by the information provided by the media and would like to find out the facts?

Would you like to learn more about the barriers that they face?

Ever wondered how their mental health is affected by their experiences?

Would you like to feel more confident when supporting these young people?

If the answer is YES then please come along to this **FREE** creative training event and find out more.

