



North Tyneside LINK e-newsletter November 2011

News from North Tyneside LINK

> Invitation to LINK's first health and wellbeing forum

This is your opportunity to talk with your LINK representatives on the Shadow Health and Wellbeing Board. They need to know what is important to LINK members and what changes and improvements you would like to see in North Tyneside.

We will also look at the government's plans for better social care – 'Caring for our future'

Join in the discussion on Tuesday 22 November from 10.30 to 12.30 in the Main Hall, Shiremoor Centre

Call LINK on 0191 643 2623 or email link@voda.org.uk to book your place

[For more information](#)

> Caring for our future – have your say on government plans for better social care

This is your chance to influence plans for social care due to be published in a government White Paper in Spring 2012. Have your say at our [health and wellbeing forum on 22 November](#) and make sure our LINK response to this consultation represents the views of LINK members.

- What are the most important things to change about social care?
- What do you think about the government's ideas for paying for social care?

[More information about 'Caring for our future'](#)

> 'First impressions?' young people's film premiere

Young people and their families will be joined by professionals at the premiere of their film 'First impressions?' on Monday 14 November. This film produced by young people for young people looks at some of the issues around the stigma of mental health in everyday life.

For more information and a copy of the 'First impressions?' dvd call Alison Chalmers on 0191 643 2624 or email link@voda.org.uk

[Find out more about our young people's project](#)

> Your questions answered by clinical commissioning group GPs

Read the responses to LINK members' questions at our event on 29 September. Our event report gives a summary of presentations and discussions and answers to your questions.

[Read our event report](#)

> Response to HealthWatch funding consultation

We have sent our LINK response to the Department of Health's consultation on the allocation of funding to local authorities for Local HealthWatch and NHS complaints advocacy services.

[Read the LINK response](#)

> Transition planning for adulthood

Ian Walton, Transitions Officer for North Tyneside Council, met parents and carers on 20 October to tell them more about transition planning for young people moving from children's to adult services.

[See Ian's presentation](#)

> NHS Future Forum – the next phase

LINK contributed to NHS Future Forum phase 2 at the VONNE Engaging in Health conference on 20 October 2011. The NHS Future Forum was asked by the Department of Health to provide independent advice on four themes: information; education and training; integrated care; and the public's health.

[Find out more about the NHS Future Forum and Health and Social Care Bill](#)

> LINK Board meeting on 15 Nov

The next LINK Board meeting is on Tuesday 15 November.

The Board will be looking at our reablement project report and will discuss LINK's representation and involvement at partnership boards and feedback from the Shadow Health and Wellbeing Board.

Please let us know if you would like to attend by calling LINK on 0191 643 2623 or email

link@voda.org.uk

[More about the LINK Board](#)

News from the health and social care sector

> Have your say on 'any qualified provider'

Any qualified provider (AQP) means that when patients are referred by their GP they should be able to choose from providers who meet NHS quality requirements and normal contractual obligations. NHS North of Tyne is asking what information patients need to be able to choose between two or more providers, how they would like to get information and who from.

[Fill in NHS North of Tyne's short survey by 11 November](#)

> What do mental health service changes mean for you?

Find out more and give your views at Northumberland Tyne and Wear NHS Trust events:

- **Neurorehabilitation and disability user and carer event**
9 November, 10am to 3pm, Walkergate Park, Benfield Road, Newcastle, NE6 4QD
- **Learning disability user and carer event**
15 November, 10am to 3pm, Disability North, Dene Centre Newcastle, NE3 1PH
- **Children, Young People and their carers event**
Date, time and venue to be confirmed

For more information contact Sandra Hutton, NTW Head of Patient and Carer Engagement on sandra.hutton@ntw.nhs.uk or call 01670 501816.

> Transforming adult social care – shaping the future today

North Tyneside Council's Adult Social Care Services are inviting organisations, providers and services to build on initial planning and future thinking for adult social care services.

Thursday 15 December, 1pm refreshments, 1.30pm start, 4.30pm close

Langdale Centre, Langdale Gardens, Wallsend, NE28 0HG

To book a place phone Natalie Carr on 0191 643 6451 or email

Natalie.carr@northtyneside.gov.uk

Are you already transforming and personalising what you do? If so and you would like a slot at this session to share some of your work or future plans, please contact

haley.hudson@northtyneside.gov.uk

> Foundation status approved for ambulance trust

North East Ambulance Service is only the third ambulance trust in England to achieve foundation trust status.

[Find out more](#)

> National consultations

- **Good medical practice** – General Medical Council guidance for all doctors sets out the standards, principles and values expected of doctors.

Consultation closes 10 February 2012

[Find out more and fill in the survey](#)

- **Requiring providers to be open when things go wrong - Duty of candour**
Consultation on how to make sure providers are open and honest with patients, or their families, and give them information about investigations and lessons learned.

[Find out more and give your views](#)

> Report on standards of care for older people in hospital

This CQC report summarises the findings of 100 unannounced inspections of NHS acute hospitals looking at whether the essential standards of dignity and nutrition were being met on wards caring for older people.

[Read the report](#)

> Long term conditions report on attitudes to self-care and health services

Research exploring attitudes towards self-care, and the public's perceptions and behaviour with regard to both their own health and the NHS. People gave their views in 2007, 2009 and 2011 and the results are compared to show how attitudes and behaviour has changed.

[Read the report](#)

> Plans launched for HealthWatch England

The Care Quality Commission (CQC) has published the set-up plan for HealthWatch England - the national consumer champion that will give voice to the collective views of people who use NHS and social care services in England.

[Read the set up plan](#)

> New website for Care Quality Commission

The CQC has launched their new website in response to user feedback.

[Go to the new CQC website](#)

> LINK annual reports audited by Department of Health

The Department of Health has published a summary of LINK annual reports bringing together information on resources, activity and outcomes from the 2010/11 reports, including comparisons with 2009/10 and 2008/09.

[Read the DH summary report](#)

Local news round up

> Have your say on North Tyneside carers' strategy

Friday 2 December 10.30am to 2pm St Columba's Church, North Shields

Contact North Tyneside Carers' Centre enquiries@ntcarers.co.uk or phone 0191 643 2298 if you want to attend, would like more information about the strategy or support for the person you care for to enable you to attend.

> Tea with Ts (for the transgendered community)

Wednesday 16 November from 2 to 3pm

First meeting at Age UK North Tyneside's Whitley Bay Centre, Park Road, Whitley Bay
Come along or call 0191 293 9148 to find out more

> Have you had your flu jab?

The flu vaccine is available free to all pregnant women, anyone aged 65 years or over and anyone who has a long term health problem. [Find out more](#)

> Managing anxiety, low mood and stress

Talk to your GP about being referred for support from a cognitive behaviour therapy coach. Or self-enrol on a free skills courses. For more information call NHS North Tyneside Psychological Therapies Service on 0191 295 2775 and ask to speak with a CBT Coach.

[Find out more about what is on offer](#)

> Mental health support groups in North Tyneside

To find out about groups near you, phone Jane Noble on 0791 2991391 or email jane.linda.noble@googlemail.com

> Alcohol awareness week 14 to 20 November

Balance, the North East Alcohol Office, is highlighting the dangerous impact that exposure to alcohol is having on children, especially through marketing and advertising.

Find out more at www.balancenortheast.co.uk

> Alzheimer's Society latest newsletter

The autumn/winter issue of Alzheimer's Society North of Tyne locality newsletter is out now.

To receive a copy phone 0191 274 2727 or email donna.sample@alzheimers.org.uk

> New phone number for Mental Health North East (MHNE)

MHNE's new primary phone number is **0191 492 8235**

For more information about North Tyneside LINk visit our [website](#) or contact us on 0191 643 2623, email link@voda.org.uk

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