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## Supporting life after stroke

### How is North Tyneside area doing?



## What did we look at?

The Care Quality Commission looks at how well **health and social care services** in England look after people. We look at information and visit hospitals, care homes and other services to see how they are doing.

During 2010 we looked at how services across the country help **people who have had a stroke after they leave hospital**. We also looked at how well services supported **carers and family members**.

We **collected data** from local health services and councils. We also used some data already collected by government. And we **asked people who had had a stroke and carers** what they thought about the information given to people when they leave hospital.



We then compared the services in different local areas.

**This report is a summary of how North Tyneside performed.** It includes information for **North Tyneside Council and North Tyneside PCT**.

## What did we find?

We looked at 15 aspects of care and gave each a score from 1 to 5.

1	...	2	...	3	...	4	...	5
worse than most				about				better than most
other areas				average				other areas

The results for this area are shown on the next page.



**To find out more visit**  
[www.cqc.org.uk/stroke](http://www.cqc.org.uk/stroke)

The website has a more **detailed report** about your local area as well as our **national report**.

<b>Managing transfer home</b> from hospital Making sure things go smoothly when people transfer home	<b>5</b>
<b>Providing Early Supported Discharge</b> Extra support to help people return home as soon as possible	<b>5</b>
<b>Providing access to a range of services</b> Such as specialist rehabilitation and stroke support groups	<b>3</b>
<b>Providing care and support for carers</b> Help for family members who look after people following a stroke	<b>4</b>
<b>Helping people to avoid having another stroke</b> Monitoring checks done by GPs, and advice provided	<b>3</b>
<b>Meeting people's individual needs</b> How services take account of people's different needs	<b>3</b>
<b>Staying healthy a year after stroke</b> Surviving stroke and keeping out of hospital, one year after	<b>3</b>
<b>Helping people participate in community life</b> Helping people take part in family life and leisure activities.	<b>2</b>
<b>Care and support after TIA (or mini-stroke).</b> Medicine, tests and care after a Transient Ischemic Attack	<b>3</b>
<b>Reviewing progress</b> after people have left hospital Checking how people are doing months / years after stroke	<b>4</b>
<b>Providing a range of information</b> to people who have had a stroke	<b>3</b>
<b>Helping people choose</b> the services they want Including access to advice, training and personalised support	<b>4</b>
<b>Providing end of life care</b> Compassionate care for people who do not survive stroke	<b>4</b>
<b>Involving stroke survivors and carers</b> in planning and developing services	<b>3</b>
<b>Working together</b> across health and social services to provide "joined-up" stroke care services	<b>2</b>

